Christian Relief Services

A Gentle Voice for Good[™]

2022 ANNUAL REPORT







Our Mission

To connect the vast resources of America through collaboration and partnerships formed with grassroots charitable groups, churches and human service agencies throughout the United States and around the world, and to empower local volunteers to help those in need in their own communities, while enabling people to help themselves with a hand up.

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Billy Mills (Oglala Lakota), National Spokesperson, Running Strong for American Indian Youth[®] Project Phyllis Keino, International Spokesperson, Bread and Water for Africa[®] Project Cameron Krizek, National Spokesperson, Americans Helping Americans[®] in Appalachia Project

Visit our website (christianrelief.org/staff-and-board) for a list of the Board of Directors and staff of Christian Relief Services.

"Is not this the kind of fasting I have chosen: to loose the chains of injustice and untie the cords of the yoke, to set the oppressed free and break every yoke? Is it not to share your food with the hungry and to provide the poor wanderer with shelter—when you see the naked, to clothe them, and not to turn away from your own flesh and blood? Then your light will break forth like the dawn, and your healing will quickly appear; then your righteousness will go before you, and the glory of the Lord will be your rear guard." -Isaiah 58:6-8

International Headquarters

8301 Richmond Highway, Suite 900 Alexandria, Virginia 22309 1-800-33-RELIEF www.christianrelief.org

New Mexico Office

213 N 2nd Street Raton, New Mexico 87740-3805

You may also write or donate directly to any one of our projects at the following PO Box addresses for faster processing:

Americans Helping Americans[®] in Appalachia PO Box 96588 Washington, DC 20077-7931

Running <mark>Strong fo</mark>r American Indian Youth[®] PO Box 52144 Phoenix, A<mark>Z 8</mark>5072-9612

Bread and Water for Africa[®] PO Box 96579 Washington, DC 20077-7930

What is the mission of Christian Relief Services?

To work through partnerships and in collaboration with grassroots charitable organizations located in hard-hit communities that know what is most needed in the region that they serve. Christian Relief Services works to mobilize the vast resources of generous Americans to help those in need around the U.S. and Africa by providing life- saving emergency assistance, as well as supporting programs that ultimately lead to self-sufficiency.

Why is Christian Relief Services a member of the Christian Relief Services Charities family of charities?

As a member of (a subordinate unit under an IRS-approved group exemption) Christian Relief Services Charities (CRSC), Christian Relief Services benefits in several ways from administrative and technical support from CRSC as a cost-effective model in the areas of overhead, accounting, human resources, information technology, legal counsel and governance. Included in the CRSC family of charities are 25 housing and charitable affiliates.

Christian Relief Services joined the CRSC family of charities in 1998 to continue to provide aid to children and their families in communities that are often overlooked and stuck in a generational cycle of poverty.

How does the Christian Relief Services approach work to make a difference?

Many of our partners are located in impoverished communities and do not have the ability to raise funds or solicit contributions from people or businesses in their area. Christian Relief Services leverages donations from supportive individuals and businesses, which we then share with partnered organizations to meet the greatest need in the region they serve. It is critical that the services and programs are identified as the most crucial by the community itself, as there may be no other organization or effort apart from Christian Relief Services that provides such assistance. In this way, the services and support provided are assured to be pertinent, urgent, and aligned with the values and mission of Christian Relief Services. Through our local partnerships, we are able to manage resources effectively and make the greatest possible impact for those who need it the most. "You will be enriched in every way to be generous in every way, which through us will produce thanksgiving to God."

2 Corinthians 9:11



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Dear Friends and Supporters,

On behalf of the spokespersons for Christian Relief Services' projects Running Strong for American Indian Youth[®], Bread and Water for Africa[®], and Americans Helping Americans[®] in Appalachia, our humble thank you for your profound act of trust.

Because of your kindness and compassion, you enable our staff and partners to provide basic survival needs of food, clothing, safe shelter, medical aid, and educational assistance to children living in the extreme injustices of poverty. We are here for them because you are here for us. Our work continuously adapts to meet the needs identified by the communities we serve, and we are so continuously grateful for your generous hearts, loyalty to our mission, and love for the people we serve.

We invite you to read about the many impactful programs and successes in this report that would not be possible without the generous support of our many friends.

Running Strong for American Indian Youth®



(Running Strong) "For more than 30 years I wanted to give back to the Native American community that had raised me and helped me achieve my dream of winning a gold medal at the 1964 Olympics. I knew first-hand the great need of my people – not only for

immediate relief in the long winter months with heat and warm clothes, and nutritious food for heathy minds and bodies, but for opportunities to grow self-sufficiency, leadership skills, and self-esteem, especially for Native youth. But there was no way I could have started on this



path without your belief in me and willingness to embrace my goal as your own." - Billy Mills

Together we are positively impacting the lives of Native American children and their families in a sustainable way. (See "Meeting Critical Needs of American Indians" on Page 10).

Billy Mills

Billy Mills (Oglala Lakota) Olympic Gold Medalist National Spokesperson Running Strong for American Indian Youth[®]

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Message from the Spokespersons (Continued)

Bread and Water for Africa[®]



In the field, we sometimes hear that donors feel overwhelmed by the amount of need in Africa, and think about giving up because they do not see how their small contribution could possibly make a difference. Let me assure you that the children living in the orphanages, attending the schools, and working on the farms funded by Bread and Water for Africa[®] are extremely grateful for the food, home, and opportunities provided through your compassionate support. They are young victims of civil war, disease, droughts, and other tragedies beyond their control, struggling to survive.

Many hands make light work, and contributions no matter how small aggregate into a powerful force for change in the lives of many. Knowing that there are people out in the world that care is like a warm embrace from far away, and encourages them to work towards their dreams. (See "Creating Positive Change in Africa" on Page 12).

Phyllis Keino

Phyllis Keino, R.N. International Spokesperson Bread and Water for Africa[®]



Americans Helping Americans[®]

Americans Helping Americans in Appalachia[®] does just what its name implies. We give a hand up, not a handout. We remember from our own lives the times we have needed just a little kindness and support to make it through.

Your donations enable us to reach out to Americans in Appalachia to assist with housing rehabilitation, handicap access, heating, and food boxes for veterans, seniors, and other families in need. Through your community-minded generosity, we can continue our seasonal programs to assist impoverished children by providing school supplies and after-school mentoring programs

during the academic year, holiday food and warm clothing in the winter, and lunch boxes and enrichment camps in the summer. (See "Building Up and Strengthening Our Fellow Americans" on Page 8).

Once again, we thank you for enabling us to be "that gentle voice for good" and helping our fellow brothers and sisters in need. God bless you!

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Cameron Krizek National Spokesperson Americans Helping Americans®

Safe Places

Through our Safe Places Program, we provide transitional housing for victims of domestic violence and their children in Northern Virginia. Safe, affordable housing is available for up to two years after they have fled from their abuser to a temporary shelter. Equally important, program clients are given weekly case management sessions and home visits. Clients work with Safe Places staff to focus on safety, budgeting, employment, and assistance securing permanent housing. (See "Transitioning from Hopelessness to Power" on Page 7).

XMX合《XMX合》 Christian Relief Services Provided Emergency Relief in Eastern Europe

For 37 years, Christian Relief Services and our affiliates have been fulfilling our mission to provide emergency relief across the country and around the world. This year, that included providing emergency support for homeless Ukrainian children, women, and senior citizens who have fled the country for their very lives – and leaving their fathers, husbands and sons to fight against the massive, full-scale invasion of their nation's once-peaceful cities and towns.

We are pleased to report that Christian Relief Services, the founding organization of Running Strong for American Indian Youth[®], Americans Helping Americans[®], Bread and Water for Africa[®] and other charitable nonprofit organizations, was able to do our part this spring by providing a grant of \$50,000 to one of our long-term partners to rush critical medicines, medical and personal hygiene supplies to war-torn refugee families in Ukraine, and nearby in Poland, Romania and Moldova.



THANK YOU for being a partner in our efforts to connect resources and people from around the country to assist our brothers and sisters in need in the United States, Africa, and across the globe.



Highlights from 2022

Highlights from some of the states and countries that Christian Relief Services supports through its affiliates

South Dakota and Wisconsin

5,760 SmartSacks of non-perishable food were distributed to students on the Cheyenne River Reservation in South Dakota and the Menominee Indian Reservation in Wisconsin to prevent children from going hungry over the weekend.

Appalachian Region and Other Parts of the Country

2,966 meals were served to low- income children through the Lunch Box Bus, which delivers meals in rural Tennessee when school is out for the summer.



13,967 safe nights were provided to 23 families made up of 23 women and 30 children. 80% of Safe Places graduates secured permanent housing, and 90%

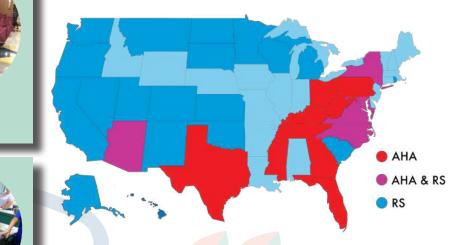


percent maintained or increased their income while working in Fairfax County, Virginia.

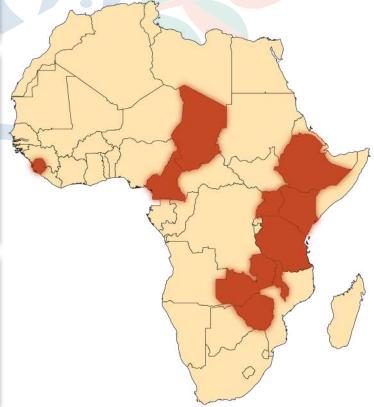
Ethiopia and Sierra Leone More than 80,000 people received medical care, counseling and health education across Sierra Leone, Ethiopia, Cameroon, Kenya and Malawi.



Making an impact across the USA



Spreading hope across the African continent



THANK YOU for being a partner in our efforts to connect resources and people from around the country to assist our brothers and sisters in need in the United States and Africa.

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Christian Relief Services is widely recognized and certified as a highly efficient charity through:



The Better Business Bureau Wise Giving Alliance (BBB)

We've earned the right to display their charity seal of approval by fulfilling the Alliance's comprehensive standards of accountability (www.give.org). The Wise Giving standards go beyond what government regulators require and entail rigorous scrutiny of our governance, effectiveness, finances, fundraising, and information materials.



America's Best Charities (ABC)

We are recognized by America's Best Charities as one of the best, and have earned their seal of approval (www.best-charities.org). Their standards include those

required by the U.S. Government for inclusion in the Combined Federal Campaign, the most exclusive fund drive in the world. Fewer than 5% of all American charities meet these standards, and even fewer still have earned their seal of approval.



United States Agency for International Development (USAID)

Since 1992, Christian Relief Services has been proud to be partnered with the United States Agency for International Development (USAID), certified as a registered Private Voluntary

Organization (PVO). With its origins in the Marshall Plan, USAID seeks to work with organizations to make an effective, long-term difference in the lives of those suffering from disaster and endemic poverty — organizations like Christian Relief Services.



Combined Federal Campaign (CFC) #11367

We qualify for annual participation in the CFC, the world's largest and most successful annual workplace charity campaign (www.opm.gov/cfc). Charities must satisfy an extensive review of financial and governance practices to be accepted into the Campaign. Thanks to the hardworking

federal and state employees, military personnel, and private sector workers for their generous support through their workplace giving campaigns.

Christian Charities USA 🎾

🔌 Christian Charities USA

Christian Relief Services is proud to be a member of the nonprofit federation, Christian Charities USA, which pre-

screens and certifies high quality national charities serving people in need throughout America and across the world through a Christian call to action.



Christian Relief Services 2022 Annual Report

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Transitioning from Hopelessness to Power

Because no one should have to choose between homelessness and abuse.

Safe Places, a project of Christian Relief Services, provides trauma informed social services and twoyear transitional housing to victims fleeing from domestic violence and their children in Northern Virgini. Our mission is to provide families with safety and housing, while empowering them to live free from violence. All Safe Places' referrals come from community partners such as local shelters, Victim Services, and other local Domestic Violence programs.

Clients work with Safe Places staff to focus on safety, budgeting, employment, and assistance with securing permanent housing. Clients are offered the following services while in the program:



- 1. Strength-based case management
- 2. Court advocacy and safety planning
- 3. Individual financial counseling
- 4. Affordable housing search assistance
- 5. Referrals for services such as counseling, legal aid, and immigration
- 6. Assistance with applying for and renewing benefits
- 7. Continuing education
- 8. Employment search and job readiness

In addition to trauma informed social services, Safe Places staff provides support to participants throughout the year with financial assistance and in-kind needs, such as winter coats, backpacks filled with school supplies, holiday toys, diapers, and hygiene products.

In Fiscal Year 2022, Safe Places offered 21 housing units scattered throughout Fairfax County, serving 23 families consisting of 53 people and providing 13,967 safe bed nights for all individuals. Fiscal Year 2022 outcomes also show that 83% of families that graduated from the Safe Places program secured permanent housing.

Safe Places continues to serve as one of the primary Domestic Violence transitional housing programs in Fairfax County. We believe that by removing barriers, we empower our clients to live a life free of abuse, because no one should have to choose between homelessness and abuse.







Building Up and Strengthening Our Fellow Americans

Americans Helping Americans[®] in Appalachia provides assistance to people in hard-hit communities where unemployment rates are high and poverty is rampant, such as Beattyville, Kentucky, recently described by The New York Times as one of the "hardest" places to live in the country and one of the poorest towns in the United States. Americans Helping Americans[®] works with partners throughout Appalachia where people struggle every day to put food on the table, put a roof over their heads, and keep the lights and heat on. By providing utility assistance programs, home rehabilitation, food boxes, school supplies, and necessary winter clothing for children, Americans Helping Americans[®] is a hand up to the many families that want to break the generational poverty cycle.



Why Appalachia?

Communities in Appalachia have suffered from less opportunities than most in the United States, with many having limited access to basic resources.

For many Americans who have never traveled to Appalachia, it is shocking to see the extreme poverty that persists there today – over 60 years after President Johnson visited the region and declared the war on poverty. In fact, according to the Appalachian Regional Commission, in 2020 one-fifth of all the counties in Appalachia were considered "distressed" with another 119 listed as "at-risk." Three of those distressed counties, Lee County, Kentucky,

Hancock County, Tennessee, and McDowell County, West Virginia are where Americans Helping Americans focuses much of its work through its long-time partners.

Why a Partnership Approach?

We are proud to establish long-term partnerships with community-based organizations to tackle the problems faced in their area. Our partners who work in the field every day can relay "I have found that among its other benefits, giving liberates the soul of the giver." – Maya Angelou

the most critical needs and the desperate situations to us. They have the most knowledge of the needs and resources required to overcome them, and have the networking capabilities within their communities. These partnerships also allow us to increase self-sufficiency, enabling communities to help themselves.

Often, we are asked why people do not seek opportunities outside of Appalachia, given the region's harsh conditions of isolation and poverty. We asked a partner in Tennessee the same question and he responded saying, "Appalachia is their home, where their roots are, where their family lives. They have a different reality than we do." We at Christian Relief Services certainly understand the importance of "home" and work to do all we can to help them improve the quality of their life wherever they choose to live, despite the hardships that come with that decision.



Thousands of Americans Benefit Thanks to You!

Americans Helping Americans[®] provided vital assistance to more than 25,000 men, women, and children in Appalachia and other areas across our great nation.



Home Rehabilitation

103 home rehabilitation projects were completed in Georgia, Kentucky, Tennessee, and West Virginia.



Education

Over 400 students participated in the Science Fair as well as 73 students across Appalachia received tutoring assistance. 147 students met after school for additional help and meals. 220 children went to sponsored summer camps!



Food Security

948 individuals received fresh produce grown from our community gardens as well as 20 new families learned the ins and outs of growing food in their own backyards. 40 children built lasting hydroponic systems. 8,430 people received a holiday meal. And 9,775 20lb food boxes were delivered alongside over 18,000 individuals visiting sponsored food banks.



Basic Needs

2,712 individuals received utility and rent support! 1,020 blankets given to families and homeless individuals. Over 2,800 coats delivered to children and adults. 23,078 diapers given to mothers struggling in poverty.



Digital Divide

100 laptops distributed to students bridging the Digital Divide!







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Meeting Critical Needs of Native Americans



For more than 30 years, Christian Relief Services has maintained a long-standing commitment to support grassroots efforts that meet the basic needs of communities throughout Indian Country. Many of our efforts focus on youth programs for impoverished reservations, such as the Pine Ridge and Cheyenne River Sioux Indian Reservations, throughout the United States. We offer opportunities and services that aren't often available.

Billy Mills (Oglala Lakota) National Spokesperson for Running Strong for American Indian Youth[®]



Billy Mills, the only American to have ever won an Olympic gold medal in the 10,000-meter race, has dedicated his life to improving and enriching the lives of American Indian youth. Born and raised on the Pine Ridge Indian Reservation and orphaned at age 12, Billy understands firsthand, the serious and difficult problems facing too many Native Americans. Upon winning his gold medal, he returned to Pine Ridge and vowed to the elders that he would "give back" to honor those who helped him throughout his life. In 1986, Billy teamed up with the late Eugene Krizek, founder of Christian Relief

Services, to found Running Strong for American Indian Youth[®]. Since then, Billy and Running Strong have strived to provide Native Americans with the tools they need to achieve self-sufficient and happy, healthy lives.







Thousands of Native Americans Benefit Thanks to You!



Food and Gardens

We served 13,000 lunch meals throughout the summer, at 3 sites on Cheyenne River. We distributed 5,760 weekend Smart Sacks at Wakpala School on Standing Rock Reservation, 2,800 Smart Sacks at Takini School on Cheyenne River Reservation, 4,200 food boxes to families on Cheyenne River, and 6,479 food boxes to families on Pine Ridge Indian Reservation.



Education

5,009 Native American elementary and middle school students on the Pine Ridge Indian Reservation and throughout Indian Country, walked into their classrooms on the first day of school with brand-new backpacks filled with school supplies.



Water Connections

We connected 34 families to clean running water in FY22. After years of serving families on the Pine Ridge Indian Reservation by placing water lines, hydrants, and septic installations, Running Strong's Field Coordinator is proud to report we have connected most of the unconnected homes on Pine Ridge to water! Connecting the remaining 52 homes will be the focus of FY23.



Dreamstarter™

Over the years, the Dreamstarter program has expanded and impacted over 31 states in the U.S. The FY22 theme for the Dreamstarter program was "Social Action" and 10 Dreamstarters were awarded a \$10,000 grant each to implement their dream projects for their communities.



Youth

2,367 youth, ages 4-18, benefited from programs and activities offered at youth centers, summer camps, and youth leadership programs organized by our program partners throughout Indian Country.



Critical Needs

1,500 adult and 3,000 children's winter coats, 5,399 gloves; 2,000 blankets; 5,295 winter socks, 2,400 new toys for the holidays; 4,104 pairs of new shoes; 5,148 athletic socks; 23,078 diapers; and 3,000 dental kits were distributed to Native youth and families on reservations in South Dakota, Arizona, Colorado, Minnesota, Oklahoma, Utah, Montana, North Dakota, Kansas, and more.



Language and Culture

1,890 young people participated in cultural, language, and community event programs designed to reconnect adolescents, women, and girls to their cultural roots through rites of passage, storytelling, language immersion classes, and instruction of traditional dancing and powwows.



Heat Match

3,983 people from January through March were able to keep their families warm even on the coldest days at the Pine Ridge Indian Reservation in South Dakota. Each family's \$100 contribution was matched dollar for dollar up to \$200, so they could raise \$300 to pay a truck to keep to their home and fill their propane tank.







Creating Positive Change in Africa

Christian Relief Services has impacted tens of thousands of lives across Africa through its affiliate, Bread and Water for Africa[®]. By sharing resources and partnering with grassroots community organizations in countries including Cameroon, Ethiopia, Kenya, Sierra Leone, Zambia, Chad, Malawi, Tanzania, and Zimbabwe, we transform your gifts into tangible change for struggling children and hardworking families.

In Kenya, Zimbabwe, and Zambia, we provide for the continent's most vulnerable – orphaned and abandoned children - who would be on the streets fending for themselves without the



Lewa Children's Home, Lerato Children's Home, or Kabwata Orphanage and Transit Centre. Instead, they have regular meals, a roof over their head, an education, and most importantly, a loving place to call home. In Uganda and

Ethiopia, thousands of people have access to clean, safe drinking water thanks to supporters who funded a deep water well, which also serves a school and a clinic. In Cameroon, we worked with our community partner there to build a clinic that serve those who did not have access to affordable health care.

Through our emphasis on health care and education, your support of Christian Relief Services does so much more than just providing immediate aid. You are also supporting the foundation of a brighter tomorrow for these communities by building schools and ensuring that thousands of students can pay their school fees and purchase school uniforms.

In conclusion, we offer a heartfelt thank you to our dedicated partners doing truly heroic work under difficult conditions. We are grateful for the life-affirming efforts of the Faith Healing Development Organization in Sierra Leone run by Rev. Frances Mambu, Angela Miyanda, director of the Kabwata Orphanage and Transit Centre in Zambia, Margaret Makambira, director of Shinga Development Trust in Zimbabwe; Esther Ndichafah, "We would like the Americans to know that at SEED School we nurture talent and develop skill. We also want you to know that SEED school is a haven of tranquillity and supports the children to acquire leadership qualities which go a long way in helping them achieve standard education for poverty eradication and fight poor governance which eats into the society in Africa. "

- Patrick Odongo, Founder and Executive Director of Seed Foundation, Kenya

director of Home Services in Cameroon; Dr. Admassu Begale of Haramaya University in Ethiopia; and, of course, our wonderful international spokesperson Phyllis Keino, who founded and runs the Lewa Children's Home, Kipkeino Primary School, and Baraka Farm in Kenya.



A Look Back on a Year of Accomplishments in Africa



Orphan Care

A total of 176 orphaned and abandoned children were cared for, and supported by the Lewa Children's Home in Kenya, Kabwata Orphanage and Transit Center in Zambia, and Lerato Children's Village in Zimbabwe where are their basic needs are met including food, shelter, an education, healthcare, and counseling in a loving home environment.



Education

A total of 2,883 orphaned and destitute primary and secondary school students from Chad, Sierra Leone, Kenya, and Zimbabwe received quality education through school fees sponsorship support program, uniforms, school supplies, and recently built classrooms. and more than 55,000 students in Ethiopia and Uganda benefited from tens of thousands of textbooks and reference books shipped to our partners there for distribution to schools.



Agriculture

More than 22,000 individuals directly and indirectly benefited from food self-sustainability development programs in Zambia and Sierra Leone.



Clean Water

A total of 35 clean water projects were completed and over 36,000 individuals benefited in Ethiopia, Tanzania, Uganda, Zambia, Chad, Cameroon, and Malawi.



Healthcare

More than 80,000 individuals received medical care, counseling and health education at 32 hospitals, health centers, and clinics in Sierra Leone, Ethiopia, Kenya, Cameroon, and Malawi.



Basic Relief

A total of 200 children attending the Seed School in the Nairobi slum of Kibera were served two meals each weekday.





Financials

The financial results depicted here are derived from the Christian Relief Services June 30, 2022, financial statements. Our complete, audited financial statements can be obtained online at www.christianrelief.org or by calling (703) 317-9086 and requesting a copy.

Support and Revenue	Unrestricted	Temporarily Restricted	Total
Noncash Contributions	\$ 25,429,195	\$ -	\$ 25,429,195
Cash Contributions	1,500,000	4,648,000	6,148,000
Cash Contributions from Affiliates	5,893,777	148,300	6,042,077
Wills and Bequests	174,790	458,124	632,914
Government Grants	244,948	-	-
Housing rental and related income	-	-	-
Donated Housing	-	-	-
Workplace Campaign	-	13,677	13,677
Interest and other income	1,215	-	1,215
Net assets released from restrictions:			
Satisfaction of time restrictions	7,818	(7,818)	-
Satisfaction of purpose restrictions	5, <mark>01</mark> 3,241	(5,013,241)	
Total Support and Revenue	38,264,984	(247,042)	38,512,026
Expenses			
Program Services:			
Domestic Programs	4,404,841	-	4,404,841
American Indian Programs	5,519,675	-	5,519,67
International Programs	23,099,845	-	23,099,845
Housing Programs	381,722	-	381,722
Total Program Services	33,406,083		33,406,083
Support Services:			
Management and General	274,220	-	274,220
Fundraising	4,545,352		4,545,352
Total Supporting Services	4,819,572		4,819,572
Total Expenses	38,225,655		38,225,655
Change in Net Assets	39,329	247,042	286,371
Net Assets, Beginning of Year	2,896,135	65,958	2,962,093
Net Assets, (deficit) End of Year	\$ 2,935,464	\$ 313,000	\$ 3,248,464
Net Assets, (deficit) Ella OF Teal	• • • • •		• • • • •

87.39% of our expenses went to charitable programs in 2022!









THANK YOU!















Connect with us online by subscribing to our emails or liking our Facebook page – and you can get advance notice on all major events, programs, and successes throughout 2022!



Leave a Legacy!

You can leave a legacy to Christian Relief Services through your estate planning. Consult with a financial professional and email us at info@christianrelief.org for more information. Your legacy gift becomes a lasting tribute to helping Christian Relief Services continue making a tremendous positive impact on the lives of countless Americans and many deserving children in Africa.







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Christian Relief

Services

